**Supplement 1**: Interview schedule and focus group topic guide for participants and peer support facilitators/ team leaders.

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| Participants | Peer Support Facilitators/ Team leaders |
| 1. What is your overall satisfaction with the 12-week Weight Loss Challenge (WLC)? 2. Did you experience any changes in your physical activity or eating habits? 3. Did your motivations and or goals for exercising and healthy eating change? 4. Tell me about elements of the program that were helpful/beneficial? 5. What elements of the program were unhelpful? 6. What did you think about the level of support and advice that were provided through your peer support facilitators (PSF) and team leaders? 7. What did you think about the face-to-face contact with your PSF? 8. What support was your PSF able to provide you with? Was there something else they could have provided you more help with? 9. What did you think about the support your team leader provided? Was there something else they could have done better? 10. How can we help encourage long-term use of the program with others in the community? (think of yourself personally, as well as others) | 1. What did you think about the 12-week WLC? 2. Did you experience any changes in your own physical activity and healthy eating habits? 3. Tell me about your sessions. How did you interact with the team leaders / teams? Was there enough time for exercise? 4. Tell me about the training and support you received from Community Activators (CA)? Is there anything that could be improved? 5. What do you think about the resources and materials provided to teams? Are there things we need to consider improving how the 12-week WLC is delivered? 6. If we were to share this with other churches and other communities, what do you think we need to consider for the long-term? |